In each quatrain in that poem, the first three lines (A) all rhyme, and the last line (B) is repeated throughout the poem.

It is possible also to write a quatrain with no rhyming words, like this part of the poem "Which" by William Stafford.

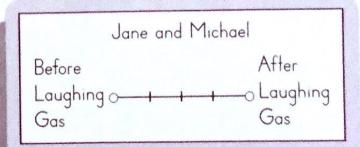
Which of the horses
we passed yesterday whinnied
all night in my dreams?
I want that one.

Quatrains offer many possibilities for your own writing. Quatrains can be funny or serious. If you like to write riddles, the quatrain is a good pattern to use for these. If you want to write poetry, just one quatrain can make a whole poem, or you can put together two, three, or many quatrains into a much longer poem. You can even use quatrains to tell a story, as Ted Hughes does in his poem "My Aunt Dora." Because they can be used alone or in many combinations, quatrains are the "building blocks" of poetry.

When you do write your own quatrain, keep in mind that, whether or not you use rhyme, you will always need rhythm. To keep a good rhythm, try to use about the same number of syllables in all of the lines and say your verse aloud. You'll be able to hear if a line seems too short or too long for all the others.

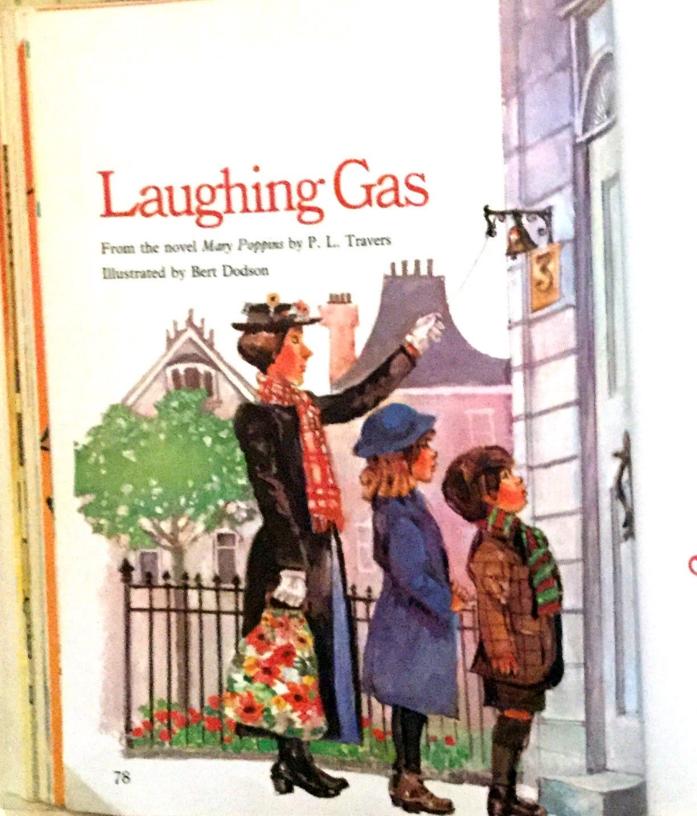
## Focusing on "Laughing Gas"

- ➤ Think about a time when you laughed at everything, whether or not it was funny. Also try to remember a time when you or your classmates had the giggles. Discuss what causes people to catch the giggles from others.
- ▶ Look at the pictures in this story. Think about what might cause people to laugh. Read the title and the introduction on pages 78–79. Then look again at the people in the first picture.
  - Who do you think these people are? Why do you think this?
  - What do you think they are doing?
  - What do you think "Laughing Gas" might do to these people?
- ▶ Get ready to read a story about two children who get filled up with Laughing Gas. As you read, think about how Laughing Gas changes their behavior. Think about what events you would add to this time line.



Now turn the page and read "Laughing Gas." Then you will talk about the effects of Laughing Gas.

## Think and Read



Jane and Michael Banks were glad that the woman who had been taking care of them had gone, for they had never liked her. Anything, they thought, would be better than Katie Nanna—if not much better.

But they weren't expecting a nanny<sup>1</sup> quite like
Mary Poppins, who blew into their house, slid up the
bannister to the second floor, and unpacked a roomful
of items from an empty suitcase! True, she seemed to be
a rather severe nanny, with her sharp words, frowns,
and lack of patience. But Michael and Jane quickly
came to be very fond of Mary Poppins and her magical
ability to bring impossible events into their lives.

ary Poppins, Jane, and Michael turned the corner and pulled the bell of Number Three, Robertson Road. Jane and Michael could hear it faintly echoing from a long way away and they knew that in one minute, or two at the most, they would be having tea with Mary Poppins's uncle, Mr. Wigg, for the first time ever.

"If he's in, of course," Jane said to Michael in a whisper.

<sup>1.</sup> nanny in England, a child's hurse.

At that moment the door flew open and a thin, watery-looking lady appeared.

"Is he in?" said Michael quickly.

"I'll thank you," said Mary Poppins, giving him a terrible glance, "to let me do the talking."

"How do you do, Mrs. Wigg," said Jane politely.

"Mrs. Wigg!" said the thin lady, in a voice even thinner than herself. "How dare you call me Mrs. Wigg? No, thank you! I'm plain Miss Persimmon and proud of it. Mrs. Wigg indeed!" She seemed to be quite upset, and they thought Mr. Wigg must be a very odd person if Miss Persimmon was so glad not to be Mrs. Wigg.

"Straight up and first door on the landing," said Miss Persimmon, and she went hurrying away down the passage saying: "Mrs. Wigg indeed!" to herself in a high, thin, outraged voice.

Jane and Michael followed Mary Poppins upstairs. Mary Poppins knocked at the door.

"Come in! Come in! And welcome!" called a loud, cheery voice from inside. Jane's heart was pitterpattering with excitement.

"He is in!" she signalled to Michael with a look.

Mary Poppins opened the door and pushed them in front of her. A large cheerful room lay before them. At one end of it a fire was burning brightly and in the center stood an enormous table laid for tea-four cups and saucers, piles of bread and butter, crumpets, coconut cakes, and a large plum cake with pink icing.

"Well, this is indeed a Pleasure," a huge voice greeted them, and Jane and Michael looked round for





"My dear," said Mr. Wigg, smiling down at the children, and looking apologetically at Mary Poppins, "I'm very sorry, but I'm afraid it is my birthday."

"Tch, tch, tch!" said Mary Poppins.

"I only remembered last night and there was no time then to send you a postcard asking you to come another day. Very distressing, isn't it?" he said, looking down at Jane and Michael.

"I can see you're rather surprised," said Mr. Wigg. And, indeed, their mouths were so wide open with astonishment that Mr. Wigg, if he had been a little smaller, might almost have fallen into one of them.

"I'd better explain, I think," Mr. Wigg went on calmly. "You see, it's this way. I'm a cheerful sort of man and very disposed to laughter. You wouldn't believe, either of you, the number of things that strike me as being funny. I can laugh at pretty nearly everything, I can."

And with that Mr. Wigg began to bob up and down, shaking with laughter at the thought of his own cheerfulness.

"Uncle Albert!" said Mary Poppins, and Mr. Wigg stopped laughing with a jerk.

"Oh, beg pardon, my dear. Where was I? Oh, yes. Well, the funny thing about me is—all right, Mary, I won't laugh if I can help it!—that whenever my birthday falls on a Friday, well, it's all up with me. Absolutely U.P.," said Mr. Wigg.

"But why-?" began Jane.

"But how--?" began Michael.

"Well, you see, if I laugh on that particular day I become so filled with Laughing Gas that I simply can't keep on the ground. Even if I smile it happens. The first funny thought, and I'm up like a balloon. And until I can think of something serious I can't get down again." Mr. Wigg began to chuckle at that, but he caught sight of Mary Poppins's face and stopped the chuckle, and continued:

"It's awkward, of course, but not unpleasant.

Never happens to either of you, I suppose?"

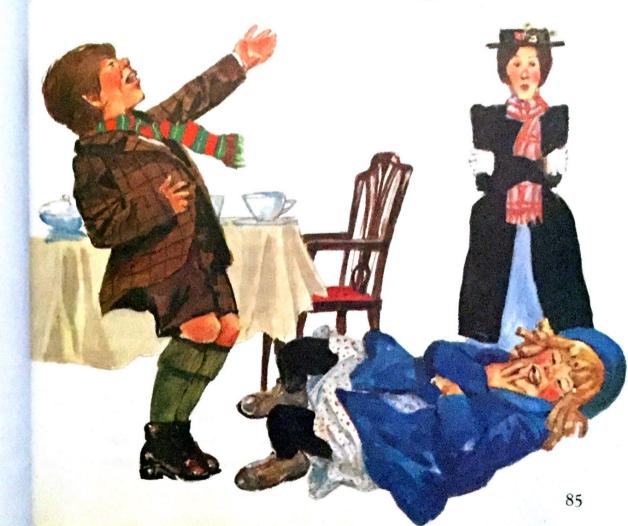
Jane and Michael shook their heads.

"No, I thought not. It seems to be my own special habit. Once, after I'd been to the Circus the night before, I laughed so much that—would you believe it?—I was up here for a whole twelve hours, and couldn't get down till the last stroke of midnight. Then, of course, I came down with a flop because it was Saturday and not my birthday any more. It's rather odd, isn't it? Not to say funny?

"And now here it is Friday again and my birth-day, and you two and Mary P. to visit me. Oh, don't make me laugh, I beg of you—" But although Jane and Michael had done nothing very amusing, except to stare at him in astonishment, Mr. Wigg began to laugh again loudly, and as he laughed he went bouncing and bobbing about in the air, with the newspaper rattling in his hand and his spectacles half on and half off his nose.

He looked so comic, floundering in the air like a great human bubble, clutching at the ceiling sometimes and sometimes at the gas bracket as he passed it, that Jane and Michael, though they were trying hard to be polite, just couldn't help doing what they did. They laughed. And they laughed. They shut their mouths tight to prevent the laughter escaping, but that didn't do any good. And presently they were rolling over and over on the floor, squealing and shrieking with laughter.

"Really!" said Mary Poppins. "Really, *such* behavior!"



"I can't help it, I can't help it!" shrieked Michael as he rolled into the fender. "It's so terribly funny. Oh, Jane, isn't it funny?"

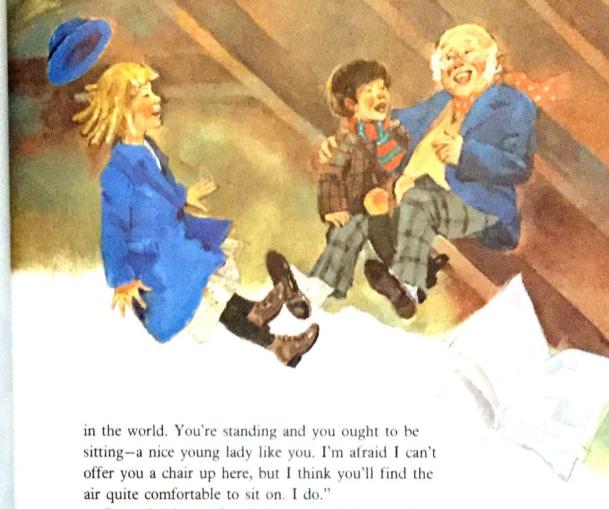
Jane did not reply, for a curious thing was happening to her. As she laughed she felt herself growing lighter and lighter, just as though she were being pumped full of air. It was a curious and delicious feeling and it made her want to laugh all the more. And then suddenly, with a bouncing bound, she felt herself jumping through the air. Michael, to his astonishment, saw her go soaring up through the room. With a little bump her head touched the ceiling and then she went bouncing along it till she reached Mr. Wigg.

"Well!" said Mr. Wigg, looking very surprised indeed. "Don't tell me it's your birthday, too?" Jane shook her head.

"It's not? Then this Laughing Gas must be catching! Hi—whoa there, look out for the mantelpiece!" This was to Michael, who had suddenly risen from the floor and was swooping through the air, roaring with laughter, and just grazing the china ornaments on the mantelpiece as he passed. He landed with a bounce right on Mr. Wigg's knee.

"How do you do," said Mr. Wigg, heartily shaking Michael by the hand. "I call this really friendly of you-bless my soul, I do! To come up to me since I couldn't come down to you-eh?" And then he and Michael looked at each other and flung back their heads and simply howled with laughter.

"I say," said Mr. Wigg to Jane, as he wiped his eyes. "You'll be thinking I have the worst manners



Jane tried it and found she could sit down quite comfortably on the air. She took off her hat and laid it down beside her and it hung there in space without any support at all.

"That's right," said Mr. Wigg. Then he turned and looked down at Mary Poppins.

"Well, Mary, we're fixed. And now I can inquire about you, my dear. I must say, I am very glad to welcome you and my two young friends here today—why, Mary, you're frowning. I'm afraid you don't approve of—er—all this."

He waved his hand at Jane and Michael, and said hurriedly:

"I apologize, Mary, my dear. But you know how it is with me. Still, I must say I never thought my two young friends here would catch it, really I didn't, Mary! I suppose I should have asked them for another day or tried to think of something sad or something—"

"Well, I must say," said Mary Poppins primly, "that I have never in my life seen such a sight. And at your age, Uncle—"

"Mary Poppins, Mary Poppins, do come up!" interrupted Michael. "Think of something funny and you'll find it's quite easy."

"Ah, now do, Mary!" said Mr. Wigg persuasively.

"We're lonely up here without you!" said Jane, and held out her arms towards Mary Poppins. "Do think of something funny!"

"Ah, she doesn't need to," said Mr. Wigg sighing.
"She can come up if she wants to, even without laughing—and she knows it." And he looked mysteriously and secretly at Mary Poppins as she stood down there on the hearthrug.

"Well," said Mary Poppins, "it's all very silly and undignified, but, since you're all up there and don't seem able to get down, I suppose I'd better come up, too."

With that, to the surprise of Jane and Michael, she put her hands down at her sides and without a laugh, without even the faintest glimmer of a smile, she shot up through the air and sat down beside Jane.

"How many times, I should like to know," she said snappily, "have I told you to take off your coat when you come into a hot room?" And she unbuttoned Jane's coat and laid it neatly on the air beside the hat.

"That's right, Mary, that's right," said Mr. Wigg contentedly, as he leaned down and put his spectacles on the mantelpiece. "Now we're all comfortable—"

"There's comfort and comfort," sniffed Mary Poppins.

"And we can have tea," Mr. Wigg went on, apparently not noticing her remark. And then a startled look came over his face.

"My goodness!" he said. "How dreadful! I've just realized—that table's down there and we're up here. What are we going to do? We're here and it's there. It's an awful tragedy—awful! But oh, it's terribly comic!" And he hid his face in his handkerchief and laughed loudly into it. Jane and Michael, though they did not want to miss the crumpets and the cakes, couldn't help laughing too, because Mr. Wigg's mirth was so infectious.

Mr. Wigg dried his eyes.

"There's only one thing for it," he said. "We must think of something serious. Something sad, very sad. And then we shall be able to get down. Now—one, two, three! Something very sad, mind you!"

They thought and thought, with their chins on their hands.

Michael thought of school, and that one day he would have to go there. But even that seemed funny today and he had to laugh.



Jane thought: "I shall be grown up in another fourteen years!" But that didn't sound sad at all, but quite nice and rather funny. She could not help smiling at the thought of herself grown up, with long skirts and a handbag.

"There was my poor old Aunt Emily," thought Mr. Wigg out loud. "She was run over by an omnibus. Sad. Very sad. Unbearably sad. Poor Aunt Emily. But they saved her umbrella. That was funny, wasn't it?" And before he knew where he was, he was heaving and trembling and bursting with laughter at the thought of Aunt Emily's umbrella.

"It's no good," he said, blowing his nose. "I give it up. And my young friends here seem to be no better at sadness than I am. Mary, can't you do something? We want our tea."

To this day Jane and Michael cannot be sure of what happened then. All they know for certain is that, as soon as Mr. Wigg had appealed to Mary Poppins, the table below began to wriggle on its legs. Presently it was swaying dangerously, and then with a rattle of china and with cakes lurching off their plates on to the cloth, the table came soaring through the room, gave one graceful turn, and landed beside them so that Mr. Wigg was at its head.

"Good girl!" said Mr. Wigg, smiling proudly upon her. "I knew you'd fix something. Now, will you take the foot of the table and pour out, Mary? And the guests on either side of me. That's the idea," he said, as Michael ran bobbing through the air and sat down on Mr. Wigg's right. Jane was at his left hand. There they were, all together, up in the air and



the table between them. Not a single piece of breadand-butter or a lump of sugar had been left behind.

Mr. Wigg smiled contentedly.

"It is usual, I think, to begin with bread-andbutter," he said to Jane and Michael, "but as it's my birthday we will begin the wrong way—which I always think is the *right* way—with the Cake!"

And he cut a large slice for everybody.

"More tea?" he said to Jane. But before she had time to reply there was a quick, sharp knock at the door.

"Come in!" called Mr. Wigg.

The door opened, and there stood Miss Persimmon with a jug of hot water on a tray.

"I thought, Mr. Wigg," she began, looking searchingly round the room, "you'd be wanting some more hot— Well, I never! I simply never!" she said, as she caught sight of them all seated on the air round the table. "Such goings on I never did see. In all my born days I never saw such. I'm sure, Mr. Wigg, I always knew you were a bit odd. But I've closed my eyes to it—being as how you paid your rent regular. But such behavior as this—having tea in the air with your guests—Mr. Wigg, sir, I'm astonished at you! It's that undignified, and for a gentleman of your age—I never did—"

"But perhaps you will, Miss Persimmon!" said Michael.

"Will what?" said Miss Persimmon haughtily. "Catch the Laughing Gas, as we did," said Michael.

Miss Persimmon flung back her head scornfully.

"I hope, young man," she retorted, "I have more respect for myself than to go bouncing about in the air like a rubber ball on the end of a bat. I'll stay on my own feet, thank you, or my name's not Amy Persimmon, and—oh dear, oh dear, my goodness, oh DEAR—what is the matter? I can't walk, I'm going, I—oh, help, HELP!"

For Miss Persimmon, quite against her will, was off the ground and was stumbling through the air, rolling from side to side like a very thin barrel, balancing the tray in her hand. She was almost weeping with distress as she arrived at the table and put down her jug of hot water.

"Thank you," said Mary Poppins in a calm, very polite voice.

Then Miss Persimmon turned and went wafting down again, murmuring as she went: "So undignified—and me a well-behaved, steady-going woman. I must see a doctor—"

When she touched the floor she ran hurriedly out of the room, wringing her hands, and not giving a single glance backwards.

"So undignified!" they heard her moaning as she shut the door behind her.

"Her name can't be Amy Persimmon, because she *didn't* stay on her own feet!" whispered Jane to Michael.

But Mr. Wigg was looking at Mary Poppins—a curious look, half-amused, half-accusing.

"Mary, Mary, you shouldn't—bless my soul, you shouldn't, Mary. The poor old body will never get over it. But, oh, my Goodness, didn't she look funny waddling through the air—my Gracious Goodness, but didn't she?"

And he and Jane and Michael were off again, rolling about the air, clutching their sides and gasping with laughter at the thought of how funny Miss Persimmon had looked.



"Oh dear!" said Michael. "Don't make me laugh any more. I can't stand it! I shall break!"

"Oh, oh, oh!" cried Jane, as she gasped for breath, with her hand over her heart. "Oh, my Gracious, Glorious, Galumphing Goodness!" roared Mr. Wigg, dabbing his eyes with the tail of his coat because he couldn't find his handkerchief.

"IT IS TIME TO GO HOME." Mary Poppins's voice sounded above the roars of laughter like a trumpet.

And suddenly, with a rush, Jane and Michael and Mr. Wigg came down. They landed on the floor with a huge bump, all together. The thought that they would have to go home was the first sad thought of the afternoon, and the moment it was in their minds the Laughing Gas went out of them.

Jane and Michael sighed as they watched Mary Poppins come slowly down the air, carrying Jane's coat and hat.

Mr. Wigg sighed, too. A great, long, heavy sigh.

"Well, isn't that a pity?" he said soberly. "It's
very sad that you've got to go home. I never enjoyed
an afternoon so much—did you?"

"Never," said Michael sadly, feeling how dull it was to be down on the earth again with no Laughing Gas inside him.

"Never, never," said Jane, as she stood on tiptoe and kissed Mr. Wigg's withered-apple cheeks. "Never, never, neve

Think about the story. Finish the time line on page 77 with events from the story. Then answer the questions.

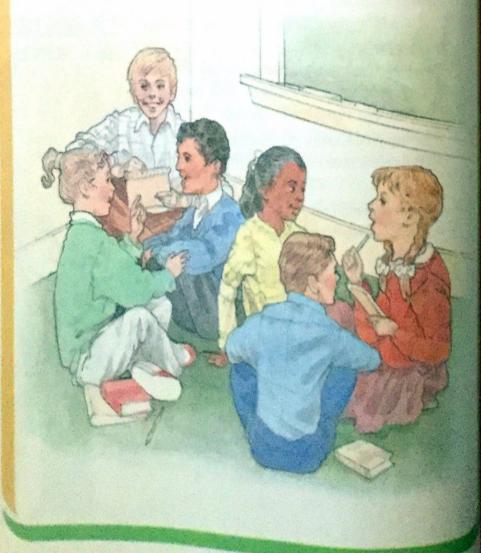
- 1. What two things are necessary for Mr. Wigg to become filled with Laughing Gas?
- 2. How would you explain the fact that Jane and Michael become filled with Laughing Gas?
- 3. Use your time line. Think about the children's actions before and after being filled with Laughing Gas. When are Jane and Michael more successful at doing things?
- 4. What things are Jane and Michael no longer able to do once they are filled with Laughing Gas?
- 5. When something needs to be done, who is successful in doing it? Why might this be so?
- 6. What character has the most "amazing talents"? Would this story belong in a unit about amazing talents if this character was not in the story?
- 7. Imagine that you are Mary Poppins. How could you use your talents to make the others at the party laugh?
- 8. Imagine that Mr. Wigg had not been filled with Laughing Gas. Do you think he would have been a different kind of person? Explain your answer.







Discuss real drugs that, like Laughing Gas, sometimes change the way people behave. Talk about ways that such drugs do people harm. Ask questions about what your classmates say. Talk about the answers.



## Focusing on "A Hero's Promise"

- ▶ Talk about heroes who are living today. Discuss what makes someone a hero. Ask your classmates about their heroes.
- ▶ Read the title and the introduction on pages 98–99. Then look at the pictures. Think about what you said about heroes.
  - When do you think this story takes place?
  - Who is the hero? How might the hero keep his promise?
  - What do the rest of the pictures suggest about what will happen in the story?
- ▶ Get ready to read a story about a hero named Theseus. As you read, think about the problems that Theseus has with the unjust King Minos. Think about what you would add to this chart.

Theseus' Problems	Theseus' Solutions

Now turn the page and read "A Hero's Promise." Then you will talk about justice.

## Think and Read